

We're in this together

Your 2026 CalPERS open enrollment guide







UnitedHealthcare has you covered

Whether you're feeling great or you're managing a long-term health condition, you want a plan that covers you when you need it—and makes finding care easy. With robust benefits and a caring Customer Service team, UnitedHealthcare is here for you.

Explore how the 2 UnitedHealthcare plans work throughout this guide, and visit **uhc.com/CalPERS** for more details.



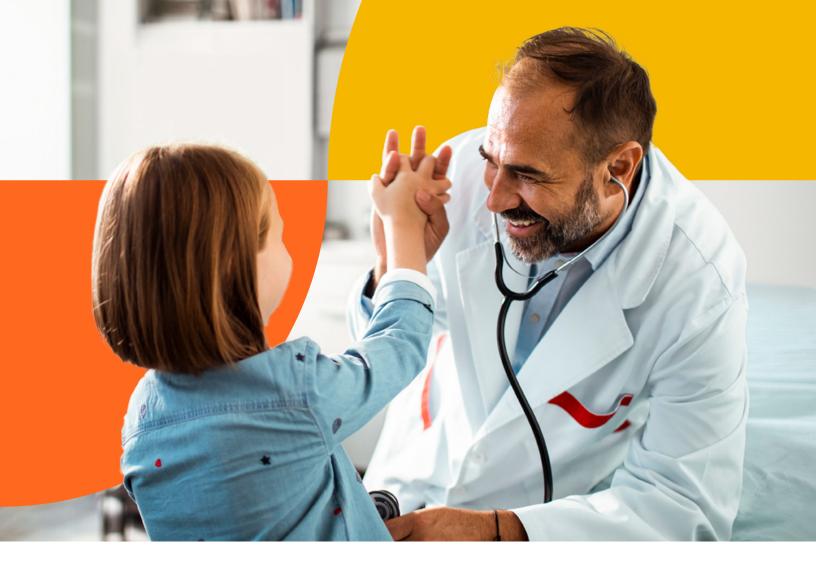
How the plans work

When you need care, your primary care provider (PCP) is here for you.

They'll help you work toward your health goals and take steps to reduce your health risks. If you need to see a specialist or get additional testing, there's no need to sort through providers and figure out where to go. Your PCP will make the referrals for you – so you can concentrate on taking care of yourself. For behavioral health, OB/GYN, accupuncture and chiropractor appointments, there's no referral needed.







How to find a provider or check if your current one is in network

- 1 Visit uhc.com/CalPERS. Under the Health plans tab, click Search for network providers.
- 2 For PCPs, click **Open the directory** by your plan name.

Note: For chiropractors and acupuncturists or behavioral health clinicians, click **Search for chiropractors and acupuncturists** or **Search for behavioral health clinicians** lower on the page.

- Once you've clicked **Continue**, you'll see a search bar. Above it, make sure your current location is correct. If not, click **Change Location**.
- If you know the doctor's name or specialty, or the name of the facility, clinic or medical group, you can type it into the search bar.

If you don't know the name, you can search by using a category circle below the search bar: **People, Places, Services and Treatments** or **Care by Condition.** For a PCP, click **People > Primary Care > All Primary Care Providers.**

5 reasons CalPERS members choose UnitedHealthcare

Yes, there are definitely more than 5. **But here are the reasons we hear about most.**





Two plan options

The Signature Value Alliance and Harmony plans both connect you with a primary care provider (PCP) who'll help coordinate your care, and they have similar coverage details (see page 6). They include different participating medical groups, so choose the one where your preferred providers are in network (see pages 7-10).

With UnitedHealthcare, you also get access to 24/7 Virtual Visits, virtual and in-person behavioral health care, credentialed chiropractors and credentialed acupuncturists in California – with no referral required.



Caring support when you need it

We know that benefits are only helpful when you know how to use them. The UnitedHealthcare Customer Service team, available at **1-877-359-3714**, is here to help you:

- Improve your health, manage a chronic condition or understand complex medical issues
- Understand how your health plan works
- Get answers about a recent claim or how much you can expect to pay
- Find a network provider, get a new health plan ID card or save on health care costs and much more.



Personalized digital tools

With **myuhc.com** and the **UnitedHealthcare app**, accessing your benefits is easy. You can compare cost estimates before you get care, search for providers, access your ID card and more.



UnitedHealthcare Rewards

Earn up to \$300 for healthy activities including things you may already be doing, like tracking your steps or sleep. If you have a spouse/domestic partner enrolled in the plan, they can earn \$300 too.



Programs to support your well-being

Choose **Real Appeal®** for help with weight loss, **Quit For Life®** for help quitting tobacco or vaping, **One Pass Select®** for discounted gym memberships, or **Maven Maternity** for supporting growing families. You can also get support for your everyday mental health with resources including the **Calm Health app.** If you'd like to see a therapist online or in person, find one in our large behavioral health network.

Coverage details

Medical copays and coinsurance You pay You pay Deductible N/A N/A N/A Employee N/A N/A N/A Family \$5,000 \$1,500 Family \$5,000 \$3,500 Lefteime maximum Unlimited Unlimited Doctor visit \$15 copay \$15 copay Specialist visit \$15 copay \$15 copay Specialist visit \$15 copay \$15 copay 24/7 Virtual Visits \$15 copay \$15 copay 24/7 Virtual Visits \$15 copay \$15 copay Preventive care Well-child visits No charge No charge Mammogram No charge No charge No charge Immunizations No charge No charge No charge Urgent and emergency care Urgent and emergency care Urgent care visit \$15 copay \$50 copay Emergency room \$50 copay \$50 copay \$50 copay Ambulance No charge No charge Outpatient surgery N	Health plan details	Signature Value Alliance HMO	SignatureValue Harmony HMO
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Family			
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Family	Out-of-pocket limit		
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Hospital care Outpatient surgery No charge No charge Lab and X-ray No charge No charge Hospital stay No charge No charge Maternity stay No charge No charge Mental health and substance use Outpatient visits \$15 copay \$15 copay Inpatient visits No charge No charge Prescription drugs (offered through CVS Caremark) You pay You pay Retail pharmacy Generic \$5 \$5 Brand formulary \$20 \$20 Non-formulary \$50 \$50 Mail-order pharmacy Generic \$10 \$10 \$10 Brand formulary \$40 \$40	Emergency room	\$50 copay	\$50 copay
Outpatient surgery No charge No charge Lab and X-ray No charge No charge Hospital stay No charge No charge Maternity stay No charge No charge Mental health and substance use Outpatient visits \$15 copay \$15 copay Inpatient visits No charge No charge Prescription drugs (offered through CVS Caremark) You pay You pay Retail pharmacy Generic \$5 \$5 Brand formulary \$20 \$20 Non-formulary \$50 \$50 Mail-order pharmacy Generic \$10 \$10 \$10 Brand formulary \$40 \$40	Ambulance	No charge	No charge
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Generic \$10 \$10 Brand formulary \$40 \$40	Non-formulary	\$50	\$50
Brand formulary \$40 \$40	Mail-order pharmacy		
·	Generic	\$10	\$10
Non-formulary \$100 \$100	Brand formulary	\$40	\$40
	Non-formulary	\$100	\$100

Participating medical groups* – Alliance

Group name

Alameda County

Brown & Toland - East Bay Alliance

Hill Physicians East Bay

Palo Alto Medical Foundation

Sutter East Bay Medical Foundation

Contra Costa County

Hill Physicians East Bay

Sutter East Bay Diablo Division

Fresno County

Community Health Partners - PCP

Santé Community Physicians

Kern County

Bakersfield Family Medical Center

Kings County

Santé Community Physicians

Los Angeles County

AltaMed Health Services Corp

Chaffey Medical Group

High Desert Medical Group

Korean American Medical Group

Lakeside Medical Group Central - Burbank/North Hollywood

Lakeside Medical Group Central - Central Valley

Lakeside Medical Group Central - Glendale

Lakeside Medical Group Central - North Valley

Lakeside Medical Group Central - Santa Clarita

Lakeside Medical Group Central - Verdugo Hills

Lakeside Medical Group East-Glendora

Lakeside Medical Group East-Pomona

Lakeside Medical Group East-San Gabriel Valley

Lakeside Medical Group East-West Covina

Lakeside Medical Group West-Agoura Hills

Lakeside Medical Group West-Tarzana

Lakeside Medical Group West-West Hills-Canoga

Group name

Los Angeles County (cont.)

Optum - Bixby Knolls

Optum - Long Beach

Optum - Los Angeles

Optum - Los Angeles/San Gabriel Valley/Orange County

Optum - Magan Medical Clinic

Optum - San Fernando

Optum - San Fernando Valley

Optum - San Gabriel

Optum - South Bay

Optum - Valencia

Optum Care Network - AppleCare Select

Optum Care Network - Arcadia

Optum Care Network - Burbank/Glendale

Optum Care Network - Central LA

Optum Care Network - Citrus

Optum Care Network - East LA

Optum Care Network - East West

Optum Care Network - Glendale/Verdugo

Optum Care Network - Huntington Memorial

Optum Care Network - LA County

Optum Care Network - Little Company of Mary

Optum Care Network - Long Beach

Optum Care Network - Methodist

Optum Care Network - Monarch

Optum Care Network - Montebello

Optum Care Network - Northridge

Optum Care Network - Pasadena

Optum Care Network - San Dimas

Optum Care Network - San Fernando Valley

Optum Care Network - San Fernando Valley West

Optum Care Network - San Gabriel Valley

Optum Care Network - South Bay

Regal Medical Group - Caduceus

Regal Medical Group - Central Valley Region

Participating medical groups*-Alliance

(continued)

Group name

Los Angeles County (cont.)
Regal Medical Group - Downey
Regal Medical Group - Downtown Los Angeles Region
Regal Medical Group - East San Gabriel
Regal Medical Group - Glendale Physicians Alliance
Regal Medical Group - Greater Covina
Regal Medical Group - Long Beach
Regal Medical Group - San Gabriel Region
Regal Medical Group - St. Francis
Regal Medical Group - West Valley
Regal Medical Group - Whittier
Regal Medical Group Burbank - Glendale
Seoul Medical Group
Sierra IPA
Sierra Medical Group - Santa Clarita
Sierra Medical Group Clinic
Torrance Memorial IPA
Madera County
Santé Community Physicians
Marin County
Brown & Toland Medical Group
Merced County
Sutter Gould Los Banos
Orange County
ADOC - Fountain Valley Division
ADOC - Los Alamitos Division
AltaMed Health Services Corp
Optum - Orange County
Optum Care Network - Arta Health
Optum Care Network - Monarch
Optum Care Network - South Coast
Regal Medical Group - Orange County
Seoul Medical Group - Orange County
Placer County
Sutter Independent Physicians
Sutter Medical Group Sacramento/Placer

Group name

Riverside County
Desert Oasis Healthcare
Optum - Beaver Medical Group
Optum - California Oaks
Optum Care Network - Citrus Valley
Optum Care Network - Corona
Optum Care Network - Desert Cities
Optum Care Network - Moreno Valley
Optum Care Network - Riverside
Optum Care Network - Southwestern Valleys
PromiseCare - Family Seniors Medical Group
PromiseCare - Hemet Com Medical Group
PromiseCare - Menifee Valley Community Medical Group
PromiseCare - Temecula Valley Physician Medical Group
Redlands - Yucaipa Medical Group
Regal Medical Group - Riverside
Regal Medical Group - Temecula
Sacramento County
Sutter Independent Physicians
Sutter Medical Group Sacramento/Placer

Participating medical groups* – Alliance

(continued)

Group name

San Bernardino County

Alliance Desert Physicians

Chaffey Medical Group

Fenix Medical Group

Lakeside Medical Group East - Pomona

Optum - Beaver Medical Group

Optum - Pinnacle Medical Group

Optum Care Network - Inland Valley

Optum Care Network - Redlands

Optum Care Network - San Bernardino

Redlands - Yucaipa Medical Group

Regal Medical Group - APSI

Regal Medical Group - Chino Valley

Regal Medical Group - San Bernardino

Sierra Medical Group - Santa Clarita

VVIPA Medical Group

San Diego County

Greater Tri-Cities IPA Medical Group

Mercy Physicians Medical Group - Scripps Care

Optum Care Network - N County SD Alliance

Optum Care Network-SDPMG (formerly Scripps Phy MG)

Rady Children's Health Network

Scripps Clinic

Scripps Coastal Medical Center

San Francisco County

Brown & Toland Medical Group

Sutter Pacific Medical Foundation

Sutter West Bay Medical Group

San Joaquin County

Sutter Gould Medical Foundation - Lodi

Sutter Gould Medical Foundation - San Joaquin

Sutter Gould Medical Foundation - Tracy

Group name

San Luis Obispo County

Coastal Communities Physician Network

San Mateo County

Brown & Toland Medical Group

Palo Alto Medical Foundation Camino

Palo Alto Medical Foundation Mills-Peninsula

Palo Alto Mills-Peninsula Division

Santa Clara County

El Camino Health Network

Palo Alto Medical Foundation

Palo Alto Medical Foundation Camino

Santa Cruz County

Palo Alto Medical Foundation Santa Cruz

Solano County

Sutter Medical Group Solano

Sonoma County

Sutter Medical Group of the Redwoods

Stanislaus County

Sutter Gould Medical Foundation

Sutter Gould Medical Foundation Turlock

Ventura County

Lakeside Medical Group West-Agoura Hills

Lakeside Medical Group West-Simi Valley

Lakeside Medical Group West-Thousand Oaks

Regal Medical Group - Ventura County

Yolo County

Sutter Medical Group - Yolo



*For the most up-to-date listing of participating medical groups near you, visit uhc.com/CalPERS or call our Customer Service team at 1-877-359-3714.

Participating medical groups* – Harmony

Group name

Contra Costa County

Group to be announced

Group to be announced

Los Angeles County

MemorialCare Medical Group

Optum - Bixby Knolls

Optum - Long Beach

Optum - Los Angeles

Optum - Los Angeles/San Gabriel/Orange County

Optum - Magan Medical Clinic

Optum - San Fernando

Optum - San Fernando Valley

Optum - San Gabriel

Optum - South Bay

Optum - Valencia

Optum Care Network - AppleCare Select

Optum Care Network - Arcadia

Optum Care Network - Burbank/Glendale

Optum Care Network - Central LA

Optum Care Network - Citrus

Optum Care Network - East LA

Optum Care Network - East West

Optum Care Network - Glendale/Verdugo

Optum Care Network - Huntington Memorial

Optum Care Network - LA County

Optum Care Network - Little Company of Mary

Optum Care Network - Long Beach

Optum Care Network - Methodist

Optum Care Network - Montebello

Optum Care Network - Northridge

Optum Care Network - Pasadena

Optum Care Network - San Dimas

Optum Care Network - San Fernando Valley

Optum Care Network - San Fernando Valley West

Optum Care Network - San Gabriel Valley

Optum Care Network - South Bay

Torrance Memorial IPA

Napa County

Group to be announced

*For the most up-to-date listing of participating medical groups near you, visit uhc.com/CalPERS or call our Customer Service team at 1-877-359-3714.

Group name

Orange County

Edinger Medical Group

MemorialCare Independent Physicians

(formerly GNP-MemorialCare)

MemorialCare Medical Group

Optum - Orange County

Optum Care Network - Arta Health

Optum Care Network - Monarch

Optum Care Network - South Coast

Riverside County

Optum Care Network - Citrus Valley

Optum Care Network - Corona

Optum Care Network - Desert Cities

Optum Care Network - Moreno Valley

Optum Care Network - Riverside

Optum Care Network - Southwestern Valleys

San Bernardino County

Optum - Beaver Medical Group

Optum - Pinnacle Medical Group

Optum Care Network - Inland Valley

Optum Care Network - Redlands

Optum Care Network-San Bernardino

San Diego County

Optum Care Network - N County SD Harmony

SCMG Graybill North Coastal

Sharp Community Medical Group

Sharp Community Medical Group - Palomar Health Medical Group

Sharp Community Medical Group - Grossmont

Sharp Community - Chula Vista

Sharp Community - Coronado

Sharp Community - Inland North

Sharp Rees-Stealy Medical Group

UC San Diego Medical Group - Harmony

UC San Diego Medical Group, Affiliates - Harmony

Santa Clara County

Group to be announced

Santa Cruz County

Group to be announced

Solano County

Group to be announced

Group to be announced

Here's the fine print

We do not treat members differently because of sex, age, race, color, disability or national origin.

If you think you weren't treated fairly because of your sex, age, race, color, disability or national origin, you can send a complaint to the Civil Rights Coordinator:

Mail: UnitedHealthcare Civil Rights Grievance P.O. Box 30608 Salt Lake City, UT 84130

Online: UHC_Civil_Rights@uhc.com

You must send the complaint within 60 days of when you found out about it. A decision will be sent to you within 30 days. If you disagree with the decision, you have 15 days to ask us to look at it again. If you need help with your complaint, please call the toll-free member phone number listed on your ID card.

You can also file a complaint with the U.S. Dept. of Health and Human Services:

Online: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf Phone: Toll-free 1-800-368-1019, 1-800-537-7697 (TDD)

Mail: U.S. Dept. of Health and Human Services 200 Independence Avenue SW, Room 509F HHH Building Washington, DC 20201

We provide free services to help you communicate with us such as letters in other languages or large print. You can also ask for an interpreter. To ask for help, please call the toll-free member phone number listed on your health plan ID card.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Please call the toll-free phone number listed on your identification card.

ATENCIÓN: Si habla español (**Spanish**), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

請注意:如果您說中文 (**Chinese**),我們免費為您提供語言協助服務。請撥打會員卡所列的免付費會員電話號碼。

XIN LƯU Ý: Nếu quý vị nói tiếng Việt (**Vietnamese**), quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi số điện thoại miễn phí ở mặt sau thẻ hội viên của quý vị.

알림: 한국어(**Korean**)를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. 귀하의 신분증 카드에 기재된 무료 회원 전화번호로 문의하십시오.

PAALALA: Kung nagsasalita ka ng Tagalog (**Tagalog**), may makukuha kang mga libreng serbisyo ng tulong sa wika. Pakitawagan ang toll-free na numero ng telepono na nasa iyong identification card.

ВНИМАНИЕ: бесплатные услуги перевода доступны для людей, чей родной язык является русским (**Russian**). Позвоните по бесплатному номеру телефона, указанному на вашей идентификационной карте.

ةي غللا قدع اسمل التامدخ ن إف ،(Arabic) قيبر على الشدحت تنك اذا : ويبنت قاطب على عجر دملا عن المجال المقاطب على عجر من المالية على المالية المالية على المالية المالية على ال

ATANSYON: Si w pale Kreyòl ayisyen (**Haitian Creole**), ou kapab benefisye sèvis ki gratis pou ede w nan lang pa w. Tanpri rele nimewo gratis ki sou kat idantifikasyon w.

ATTENTION: Si vous parlez français (**French**), des services d'aide linguistique vous sont proposés gratuitement. Veuillez appeler le numéro de téléphone gratuit figurant sur votre carte d'identification.

UWAGA: Jeżeli mówisz po polsku (**Polish**), udostępniliśmy darmowe usługi tłumacza. Prosimy zadzwonić pod bezpłatny numer telefonu podany na karcie identyfikacyjnej.

ATENÇÃO: Se você fala português (**Portuguese**), contate o serviço de assistência de idiomas gratuito. Ligue gratuitamente para o número encontrado no seu cartão de identificação.

ACHTUNG: Falls Sie Deutsch (**German**) sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Bitte rufen Sie die gebührenfreie Rufnummer auf der Rückseite Ihres Mitgliedsausweises an.

توجه: اگر زبان شما فارسی (Farsi) است، خدمات امداد زبانی به طور رایگان در اختیار شما می باشد. لطفا با شماره تلفن رایگانی که روی کارت شناسایی شما قید شده تماس بگیرید.

ध्यान दें: यदि आप हिंदी (Hindi) बोलते है, आपको भाषा सहायता सेबाएं, नि:शुल्क उपलब्ध हैं। कृपया अपने पहचान पत्र पर सूचीबद्ध टोल-फ्री फोन नंबर पर कॉल करें।

DÍÍ BAA'ÁKONÍNÍZIN: Diné (**Navajo**) bizaad bee yániłti'go, saad bee áka'anída'awo'ígíí, t'áá jíík'eh, bee ná'ahóót'i'. T'áá shǫǫdí ninaaltsoos nitl'izí bee nééhozinígíí bine'dę́ę́' t'áá jíík'ehgo béésh bee hane'í biká'ígíí bee hodíilnih.

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Visit our open enrollment site or call us with any questions.



United Healthcare

24/7 Virtual Visits is a service available with a Designated Virtual Network Provider via video, or audio-only where permitted under state law. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. 24/7 Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available.

UnitedHealthcare Rewards is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. You should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for you. Receiving an activity tracker, certain credits and/or rewards and/or purchasing an activity tracker with earnings may have tax implications. You should consult with an appropriate tax professional to determine if you have any tax obligations under this program, as applicable. If any fraudulent activity is detected (e.g., misrepresented physical activity), you may be suspended and/or terminated from the program. If you are unable to meet a standard related to a health factor to receive a reward under this program, you might qualify for an opportunity to receive the reward by different means. You may call us toll-free at 1-866-230-2505 or at the number on your health plan ID card, and we will work with you (and, if necessary, your doctor) to find another way for you to earn the same reward. Rewards may be limited due to incentive limits under applicable law. Components subject to change. This program is not available for fully insured members in Hawaii, Vermont and Puerto Rico.

Real Appeal is a voluntary weight management program that is offered to eligible members at no additional cost as part of their benefit plan. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. Results, if any, may vary. Any items/tools that are provided may be taxable, and participants should consult an appropriate tax professional to determine any tax obligations they may have from receiving items/tools under the program.

The Quit For Life program provides information regarding tobacco cessation methods and related well-being support. Any health information provided by you is kept confidential in accordance with the law. The Quit For Life program does not provide clinical treatment or medical services and should not be considered a substitute for your doctor's care. Please discuss with your doctor how the information provided is right for you. Participation in this program is voluntary. If you have specific health care needs or questions, consult an appropriate health care professional. This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room.

One Pass Select is a voluntary program. For fully insured participants (not available in HI, KS, VT and Puerto Rico), it features a subscription-based nationwide gym network and digital fitness. For self-funded participants nationally, it features a subscription-based nationwide gym network, digital fitness and grocery delivery service. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for them. Purchasing discounted gym and fitness studio memberships, digital fitness or grocery services may have tax implications. Employers and individuals should consult an appropriate tax professional to determine if they have any tax obligations with respect to the purchase of these discounted memberships or services under this program, as applicable. One Pass Select is a program offered by Optum. Subscription costs are payable to Optum.

The information provided under Maternity Support is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. If you believe you may have an emergency medical condition, you should seek immediate care at an emergency department or call 91. Employers are responsible for engine may have an emergency medical condition, you should seek immediate care at an emergency department or call 91. Employers are responsible for engine for the their employees comply with applicable state and/or federal law, including, but not limited to, GINA, ADA and HIPAA wellness regulations, which in many circumstances contain maximum incentive threshold limits for all wellness programs combined that are generally limited to 30 percent of the cost of self-only coverage of the lowest-cost plan, as well as obligations for employers to provide certain notices to their employees. Employers should discuss these issues with their own legal counsel.

Laws in some states allow you to choose a specialist, like an OB/GYN, as your PCP. Sign in to uhc.com/CalPERS to see the providers in your network.

Health plan coverage provided by or through United Healthcare Insurance Company, UHC of California and UnitedHealthcare Benefits Plan of California. Administrative services provided by United Healthcare Services, Inc. or OptumHealth Care Solutions, Inc. Behavioral health products are provided by U.S. Behavioral Health Plan, California (USBHPC).

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